

Dr. Dennis S. Riff MD, FACP
Dr. Kevin Kuettel MD
Dr. Peter Winkle MD, FACP
Dr. Brian Riff MD



ASSOCIATED
GASTROENTEROLOGY
MEDICAL GROUP

1211 W. La Palma Ave
Anaheim, CA 92801
Phone: (714) 778-1300
Fax: (714) 778-6235

PATIENT INSTRUCTIONS PRIOR TO BRAVO PH MONITORING

Your doctor has scheduled you for a BRAVO pH test. Please clarify with your doctor if they want you to be **ON** or **OFF** acid medicines. The test is typically performed **OFF medicines**

7 DAYS BEFORE YOUR PROCEDURE

- Do not take proton pump inhibitors such as omeprazole (Prilosec®), lansoprazole (Prevacid®), rabeprazole (Aciphex®), pantoprazole (Protonix®), esomeprazole (Nexium®)

2 DAYS BEFORE YOUR PROCEDURE

- Do not take the H2 blockers ranitidine (Zantac®), cimetidine (Tagamet®), famotidine (Pepcid®), nizatidine (Axid®); or the promotility drug, metoclopramide (Reglan®)

6 HOURS BEFORE YOUR PROCEDURE

- Do not take antacids (such as Alka-Seltzer®, Gaviscon®, Maalox®, Milk of Magnesia®, Mylanta®, Phillips®, Riopan®, Tums® or any other brands)

48 - 72 HOURS AFTER THE PROCEDURE

- Do not take any acid medicines unless specifically told by your doctor that it is ok.
- Record data on the receiver
 - Eating – all meals including snacks
 - Lying down – any time you lie down or get back up (includes bathroom trips at night)
 - Symptoms
- You must keep the receiver within 3 feet of you at all times
 - You may take a shower but please do not get the receiver wet and keep it within 3 feet
 - If you move outside of 3-foot radius of the receiver, you may hear beeping for 30 seconds and the icon 1 or 2 disappears from the screen. Move the recorder closer to you until the beep stops and the 1 or 2 icon reappears on the screen.
- Return the receiver at the time scheduled

IF YOU HAVE ANY QUESTIONS PLEASE CALL THE BACK OFFICE NURSES AT 714-778-1300 X 236 FOR ARIANA (SPANISH) OR X 237 FOR DONNIE