

MoviPrep Instructions

Scheduled for:

Date: ____/____/____

Time: _____ a.m./p.m.

Patient must be on clear liquids the whole day prior to procedure. You may have as much as you want as often as you want up until midnight of the following:

Water or tea
Black coffee
Chicken or Beef broth
White Grape Juice

Any Clear pulp less juices
Jello (Nothing red, orange or purple)
Any diet sodas
Popsicles

***No RED, ORANGE OR PURPLE LIQUIDS ALLOWED**

***No Dairy products or Solid foods allowed**

The MoviPrep carton contains 4 pouches and a disposable container for mixing. You must complete the entire prep to ensure the most effective cleansing.

*****If preferred, mix solution ahead of time and refrigerate prior to drinking***
The reconstituted solution should be used within 24 hours.**

Day Before Procedure

Beginning at - 5:00 PM

Step 1

- Empty 1 pouch A and 1 pouch B into the disposable container.
- Add lukewarm drinking water to the top line of the container. Mix to dissolve.

Step 2

- The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8oz), until the full liter is complete
- Drink 16 oz of the clear liquid of your choice.

Beginning at - 9:00 PM

- Repeat step 1 and 2

If you have any questions, please call our office at (714)-778-1300 ext 236 or 237

Discontinue all aspirins-blood thinners-advil-motrin-nuprin-vitamins C&E -heparin aleve-coumadin-plavix 5 days before exam.