

HALFLYTELY BOWEL PREPARATION **THE DAY BEFORE PROCEDURE**

Date: ___/___/___

Time: _____ am/pm

Note: Before beginning the following steps, have your prescription for HalfLyteLy filled.

THE DAY BEFORE THE PROCEDURE:Make sure to wait 6 hours after taking the 2 Bisacodyl tablets that are provided in the kit, before drinking the HalfLyteLy solution.**

1. In the morning add one flavor pack then fill the jug to the water line with warm water. Place the cap on and shake then refrigerate.
2. Patient must be on clear liquids the whole day prior to the procedure. You may have as much as you want and as often as you want until midnight of the following:

Water or tea

Black coffee

Chicken or beef broth

White grape juice

any clear pulp-less juices

Jell-o (no red, orange or purple)

any diet soda

Popsicles (no red, orange or purple)

- **NO RED, ORANGE, OR PURPLE LIQUIDS ALLOWED**
- **NO DAIRY PRODUCTS OR SOLID FOODS ALLOWED**

3. At **12:00 pm** begin taking the 2 time-release bisacodyl tablets that are included in the bowel prep kit.
4. At **6:00 pm** begin drinking the HalfLyteLy solution as instructed 8oz every 10 minutes until the bottle is empty. (Rapidly drinking a glassful is better than sipping an ounce or two at a time)

- You will have consumed several glassfuls before having the first watery bowel movement.
- Initially, you may feel slightly bloated, but you will become more comfortable the more bowel movements you have.
- Discontinue all aspirins-blood thinners-advil-motrin-nuprin-vitamins C & E-heparin-aleve-coumadin-plavix 5 days before your procedure.
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THE DAY OF YOUR PROCEDURE

1. You must be accompanied by a friend or relative to drive you home.
2. You may take your regular medications unless instructed otherwise.

NEW

HalfLyte[®] & Bisacodyl tablets Bowel Prep Kit

PEG-3350, sodium chloride, sodium bicarbonate
and potassium chloride for oral solution and
bisacodyl delayed-release tablets



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and potassium chloride for oral solution and
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(Tablets not shown at actual size)