

Esophagogastroduodenoscopy (EGD) Instructions

Patient's Name _____ Referring Doctor _____

Date _____ Arrival Time _____ Scheduler _____

Discontinue the use of any medication that causes thinning of the blood five days prior to your procedure. Ask the doctor who prescribed these medications for any further instructions. This includes Coumadin, Plavix, Aspirin, Advil, Aleve, Motrin or Ibuprofen, Vitamin E and Ginkgo biloba.

Inform your doctor if you have a pacemaker, internal defibrillator, latex allergy, heart valve replacement, joint replacement or dialysis.

If on medications for your heart, blood pressure, or to control seizure, that are normally taken in the morning, you **MUST** take these medications in the morning of your procedure with a sip of water, otherwise **you will remain NOTHING BY MOUTH UNTIL YOUR PROCEDURE IS COMPLETED**. Inhalers and / or breathing medications should also be taken as usual. Bring inhalers to the Center with you as well as a list of your medications, allergies and sensitivities.

You **Must** have someone to drive you home. The person driving you home will need to park their car to pick you up or park their car at the designated area defined by the Endoscopy Staff. For your safety, you will then be discharged from the Center and transported by wheelchair to your car at designated area. **You will not drive the remainder of the day.**

Wear loose comfortable clothing. Bring your insurance card and the order form from the Gastroenterologist. Leave jewelry, watches and any other valuables at home. If you wear glasses to read, please bring those to the Center as you will have a number of items to read and sign.

We require a 72 hour notice of cancellation. If you do not give us a 72 hour notice to fill your slot, you may be charged a cancellation fee of \$100.00. If you have any questions please call our Center at 714-284-0737.